

## FULFILMENT IN GOD'S WORD part2

In **Matthew 7:24-27** Jesus talks of the need to put into practice the word of God. Last week I tried to help build your confidence in the potency of God's word and how to contact the power in the word for results. Note that it doesn't matter how much word you have heard, learnt or researched; if it is not put into practice, there is no profit. It will be sad to come for bible studies, and listen to Sunday sermons without seeing fulfilment in it all.

Practice will mean setting up an action plan to practice the word of God for different areas of your life, if not you will forget or be robbed of the word you hear, **James 1:25**. You will agree with me that most of the time you do not remember 99% of what you heard the previous Sunday.

Your action plan will include:

1. Praying with the word, (write down the verses for the issue you are dealing with and write out prayer points and pray on them)
2. Doing practical things required by the word,
3. Seek understanding and revelation from the word (meditating on the word),

### Wellbeing

Today we want to know how to get fulfilment in the word of God for our wellbeing. Wellbeing is the combination of (your health, happiness, peace, security, joy, and upkeep (maintenance, welfare, sustenance)) **Romans 8:31-32** says God will give us all things through Christ. Let's look at some key examples:

**Health:** So what has God given us through Christ for our health? **Matthew 8:17** (That it might be fulfilled which was spoken by Isaiah the prophet, saying, Himself took our infirmities, and bore our sicknesses.)

Practically we have to appropriate this by working with every word given for our health and healing. **3 John 1:2** instructs us to make sure our soul is prospering which directly affect our physical health. Also **proverbs 17:22** says a joyful heart is good medicine, but a crushed spirit dries up the bones. Note also that the Joy of the Lord is your strength, **Nehemiah**

**8:10. Exodus 23:25** (is a promise which you must pursue its fulfilment in prayer)

**Upkeep:** This has to do with our material needs which are the reasons we are up and about, working and engaging in economic activities. The question is what has God said about our upkeep and how can we see fulfilment in God's word for this aspect of life? **Philippians 4:19** makes it clear that we can get every supply for our needs in God. There are too many scriptures giving us this assurance, **Psalms 84:11** (For the LORD God is a sun and shield; the LORD bestows favour and honour; no good thing does he withhold from those whose walk is blameless.) **Psalm 81:16** (But you would be fed with the finest of wheat; with honey from the rock I would satisfy you.) **Psalm 34:10** (The lions may grow weak and hungry, but those who seek the LORD lack no good thing)

However, there are some practical things you need to do with the word of God for your fulfilment.

**Praying:** **Philippians 4:6-7** show that sometimes we anxiously do things without carefully working with God, so it is important we do not just do things because we think they are right but engage with God and seek His counsel. Deuteronomy 8:18 says He will teach you to make wealth.

**Sowing and Reaping:** **Ecclesiastics 11:1-6** teaches on the principle of sowing and reaping. We need to be conscious of what we are sowing and make practical efforts to sow because you will have nothing in the soil for God to rain upon for a good harvest. There are seven things you can sow.

1. Time (use valuable time for researching and Studying the word)
2. Education / training (You cannot stop studying)
3. Investment / Business (Make effort and do some good investment so that God can bless it)
4. Give to Man (Luke 6:38)
5. Give to the work of God
6. Your Work (do your work with diligence)
7. Savings (it is called backed up for the unknown)

