

WALKING WITH GOD 4 – Communion

In order to walk with God and achieve an intimate relationship, communion and dialogue are key tools you need to use. Walking with God is a very close relationship, and this cannot be achieved by just attending Sunday worship, and having a daily quiet time, which are the norm but you have to go for more details and seek deeper. **John 20:1-17** shows us that God will reveal Himself to them that push themselves a little further and take a closer look. John got to the tomb first but was very superficial by taking a pip into the tomb, Peter went further by going in and saw more details and John followed suit. But the most important lesson is their next step; they went back **again** to their homes. Meaning they went back to the norm and did not do anything about or consider very well what was going on. But Mary stayed to search and considered what was going on, which resulted in her encounter with angels and the Lord.

Communion is about deeply sharing of all yourself with God and Him with you; it is the ability to talk to God and listen to Him continually. It comes through a habitual conversation which you must learn to do throughout your daily activities. Note that conversation can go on no matter your location, environment or activity. You need to become a talkative with God, by a continuous open-ended conversation throughout the day. This is the best way of setting your mind and attention on God. **1Thessalonians 5:16-19** is a combination of acts which promote communion with God.

Many times we do not know what to say to Him, but these verses inform you of some aspects of what you can be saying as you go about your day; by just giving thanks in all your daily engagements, and saying something beautiful to Him, keep me closer and connected to you, speak to me your commands.

God made this communion possible by the Work of the Holy Spirit who has been given to each one. The Holy Spirit is with you to establish a continuous conversation with you so that He will reveal Christ in you and to tell you many things including things yet to happen, **John 14:15-18, and John 16:13**.

These verses clearly say that the Holy Spirit will speak; so for this to happen the Holy Spirit needs your audience or attention. He is the one assigned to engage in conversation with you. He is available to talk to you about:

- 1) Your quest to know God (His responsibility to reveal God to you)
- 2) Your quest in your daily life for God to help you (His responsibility to guide you and instruct you on what to do and what choices you should make)
- 3) Your worries and problems are His responsibility to help you come out of them; so you need to establish a conversation and ask Him questions and listen to His answers.

You will not be able to establish this communion until you recognise and accept the personality of the Holy Spirit. He is right there by your side so accept this fact and begin to talk to Him to first of all reveal Himself to you and draw your attention to His presence. Outcomes of a good communion with God are;

Joint decision making

Shared dominion